# Breakfast

## 'Myttin Da'

### From the Buffet

#### Refreshers

Orange Juice

Talland Bay Apple Juice

Grapefruit

Cranberry

Tomato

## Something Light

Cornflakes ~ Bran Flakes

Muesli ~ Granola

Greek Yogurt ~ Fresh Fruit Salad

Baked Pastries

## Porridge

Earl Grey Poached Prunes

## Banana Pancakes (V)

Pecans ~ Mixed Berries

#### Cornish Cooked Breakfast

Sausage ~ Bacon ~ Mushroom Tomato ~ Hogs Pud ~ Cornish Eggs

## Smashed Avocado

Sourdough ~ Tomato ~ Cornish Eggs

#### Scottish Kipper

Wholegrain Mustard Butter

### Smoked Haddock

Cornish Poached Eggs

## Scrambled Egg & Smoked Salmon

Toasts ~ Parsley

## Eggs

English Muffin ~ Poached Cornish Eggs ~ Hollandaise

Benedict Royale Florentine

Honey Roasted Ham Smoked Salmon Sautéed Spinach